

Let's Go Grocery Shopping!

You have \$50.00 to spend at the grocery store. Buy the items that you need or want.

Rules:

1) You may not go over your budget of \$50.00, but you can be under budget.

2) Put the item name and price in the proper sections on the "Grocery Shopping List".

4) Using mental math (no calculators), add up all of the items in your grocery list.

5) Before "paying", you will decide if you will buy reuseable bags or plastic bags for your groceries.

Things to consider:

- Need vs. want
- How long items will last
- Brand name vs. no brand
- Value of the item: quantity & size

Note: These prices may be different at your grocery store. There are many factors that influence the price you see at your local grocery store.

GROCERY SHOPPING LIST



BUDGET: \$____

FOOD

FROZEN PANTRY FRESH	
SUBTOTAL: SUBTOTAL: SUBTOTAL:	
SNACKS 1 REUSEABLE BAG FOR \$	2
OR 1 PLASTIC BAG FOR \$1	
SUBTOTAL: TOTAL:	
CHANGE:	

Reflection Questions

- 1.Did you spend all of your budget?
- 2. Assume you paid in cash, how much change did you get back?
- 3. If you have money left over, what will you do with it?
- 4. Did you buy items on sale? Why or why not?

5. Were you able to get all you wanted? Why or why not?

6. Explain how you decided between buying a reusable bag or plastic bag.

7. What method of payment did you choose? Why? (Cash, debit, credit, cheque, e-transfer)